



KAMAL MODEL SR. SEC. SCHOOL

PHOENIX



Education is the key to unlock the golden doors of freedom

NEWSLETTER
NURSERY TO GRADE 2
VOLUME 3



WELCOME TO THE READERS

Welcome you all to the 3rd edition of the School's Newsletter-"PHOENIX" for the academic year 2021-22. We are now fast approaching the mid term stretch of our school year, but we still have number of exciting activities lined- up for you. We are sure that the positive attitude, hardwork, sustained efforts and innovative ideas exhibited by our young champions will surely stir the mind of the readers and take them to the surreal world of unalloyed joy and pleasure.

Lastly, we would like to give our heartfelt appreciation and gratitude to all the parents for their continuous support in all our activities and programs.

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MESSAGE FROM CHAIRMAN SIR



Dr. V.P. Tandon

We believe that every child in nature is with varying needs. Our aim is to work unanimously to unleash the inherent intellectual, social and emotional capacities of all students, who pass through the gate of Kamal Model Sr. Sec. School, as we strongly believe in the concept " Vision with a Dream". It is aptly said,

**"You have to dream
Before
Your dreams can come true".**

- APJ ABDUL KALAM.

The Leading Pedagogue

MESSAGE FROM PRINCIPAL'S DESK

**"Reach high, for the stars lie in your hidden soul
Dream deep, for every dream precedes the goal".
- Rabindranath Tagore**



Ms. Vandana Tandon

It is a matter of great pleasure that Kamal Model Sr. Sec. School is bringing out its 3rd volume of Newsletter- a creative hardwork of students and teachers.

As we know school is a place where all children grow not just in size and knowledge but in curiosity, courage, confidence, resourcefulness, patience, competence and understanding.

Newsletter is a sign of holistic progression of curriculum of our institution. I am glad that Kamal Model Sr. Sec. School is maintaining high standards in education, sports and co- curricular activities.

My best wishes to students and my staff for the wonderful year ahead.

CONGRATULATIONS



It's a feather in a cap of Kamal Model Sr. Sec School as our honourable Principal Ma'am achieved doctrate degree. Congratulations ma'am on your well deserved success.

विराट वैभव
नई दिल्ली, सोमवार, 13 सितम्बर 2021

शिक्षाविद वंदना टंडन को डॉक्टरेट की मानक उपाधि से किया सम्मानित



वेभव न्यूज़ ■ नई दिल्ली

नीति आयोग के अंतर्गत आने वाली भारत वर्चुअल यूनिवर्सिटी फॉर पीस एंड एजुकेशन द्वारा रविवार को दिल्ली के एक पांच सितारा होटल ली मेरिडियन में आयोजित एक कार्यक्रम में कमल मॉडल सीनियर सेकेंडरी स्कूल मोहन गार्डन नई दिल्ली की प्रिंसिपल एवं सीबीएसई गर्बनिंग बॉडी के सदस्य वंदना टंडन को शिक्षा व सामाजिक क्षेत्र में उल्लेखनीय कार्य के लिए डॉक्टरेट की मानद उपाधि से सम्मानित किया गया। इस अवसर पर शिक्षा जगत में वंदना टंडन के अभूतपूर्व योगदान की भुर्रि-भुर्रि प्रशंसा की गई। वंदना टंडन ने इस महत्वपूर्ण सम्मान के लिए यूनिवर्सिटी के संचालकों का आभार जताया और राजधानी के बच्चों को बेहतर और उपयोगी शिक्षा मुहैया कराने के अपने संकल्प को फिर से दोहराया। उधर,

इस कार्यक्रम के दौरान त्रिनिदाद और टोबैगो के राजदूत डॉ. रोजर गोपाल, कोमोरोस संघ के मानद परिषद जनरल डॉ. के एल गंजु, कुलीबली हर्वे के मंत्री बुर्किना फासो आदि मौजूद रहे। बता दें कि वर्चुअल यूनिवर्सिटी फॉर पीस एंड एजुकेशन द्वारा देश भर उन लोगों की सूची तैयार की गई थी जिनके द्वारा शैक्षिक और सामाजिक फील्ड में उल्लेखनीय काम किया गया था। कोरोना काल में की गई मदद को भी चयन का आधार बनाया गया था। वंदना टंडन का नाम अर्बॉर्ड लिस्ट में शामिल होने पर यूनिवर्सिटी की तरफ से उन्हें कार्यक्रम में शामिल होने का निमंत्रण भेजा गया था। कार्यक्रम में डॉक्टरेट की उपाधि लेने के बाद डॉ. वंदना टंडन ने कहा कि भविष्य में भी वह सामाजिक और शैक्षिक फील्ड के जरिये जनसेवा के उद्देश्य को पूरा करने का हरसंभव प्रयास करेंगी।

MAESTRO ACADEMICIANS



Ms. Pramila Mishra
(Academic Director)

“Smooth seas do not make skillful sailors”

Our children require engagement with the outside world so that they feel enabled and grow into self-reliant individual.

A fine balance and interdependence between school, parents and children is always sought after. The session gone by had been the year of immense learning and WE made the best out of it by reinventing ourselves. May the times ahead be Bright and Inspiring!



Ms. Pushpa Jindal
(Academic Coordinator)

If it matters, you will find a way...

And for sure we did find a way, because providing meaningful education is what matters to us the most. With each passing day we challenged ourselves and with adoptability and adaptability we moved ahead. The tide of virtual world was productively blended into learning modules resulting in prolific achievements.

Always Believe, “There are far better things ahead....”



Academic Facilitator

Children are like seeds that grow up into beautiful orchards giving fruits to the society. They are the future of our society, and it is our utmost responsibility to teach them the ways of life and the world. We have to teach them all the good values that make a good human.



Ms. Jaspreet Kaur
(Coordinator)
NUR-PREP



Ms. Mansi Behl
(Coordinator)
I-II

Child education is very important to create awareness about different aspects of life in the child. Education not only gives a glimpse of light in a dark life but also gives a chance to work, and earn in different respectable fields.

PEDAGOGY ACTIVITIES

NURSERY

1. Orange Colour Day Celebration
2. Rakhi Celebration
3. Teacher's Day Celebration
4. Teddy Day
5. Ganesh Chaturthi
6. National Dance Day
7. Big and Small Concept
8. Salute to Freedom Fighters
9. Table Manners Activity
10. Circle Concept With Caterpillar
11. Robot Making Activity
12. Black Colour Day
13. Janmashtami Celebration

PREP

1. Activity of Hexagon Shape
2. Activity on Friendship Day
3. Fine Motor Activities
4. Activity on Shapes
5. Activity on Do Akshar ke Shabd
6. Community Helper Activity
7. Independence Day Activity
8. Activity Rakshabandhan
9. Activity Janamashtami Celebration
10. Teacher's Day Activity
11. Activity Ganesh Chaturthi



ORANGE COLOUR DAY CELEBRATION



Orange Colour Day Celebration A Report

Class: Nursery

Date: 7-Aug-2021

Orange is a dynamic colour and stimulates imagination and creativity."

Our little kids were dressed in shades of orange, shining brightly. Children showed their orange objects like carrot, toy car, orange etc. Students made beautiful craft of Paper Pumpkin with the help of their parents. Children enjoyed a lot and it was a pleasure to witness energy and fascination among our kids.

Click Here



Rakhi Celebration

Report on :- Rakhi Celebration

Date :- 21/Aug/2021

Class:- Nursery

"Love between a brother and sister is one of the deepest and noblest emotions." To strengthen this bond 'Rakhi Making Activity' was done in Class Nursery, the kids made beautiful big shiny rakhis and decorated them. Through this activity they were taught about the significance of Raksha Bandhan.

Their Artisanship was quite fascinating and kids enjoyed a lot.



[Click Here](#)



Teacher day Celebration



Topic :- Teacher's Day

Date :- 4/ sep /2021

Class :- Nursery

A teacher is someone who
nourishes the souls of the students
for a lifetime.

Kids of class nursery celebrated
Teacher's Day with great joy. They
made beautiful cards for their
beautiful teachers, they mimicked
like their teachers and also spoke
lines on their favourite teacher.

They participated in all the
activities with full enthusiasm.

[Click Here](#)

Teddy Day Celebration




International Teddy Day

Date :- 9th September 2021

Class :- Nursery

A Report

Teddy bear is one of the most popular toys for children, and holds a special place in many adult hearts too. Our tiny tots of KAMAL MODEL SR, SEC. SCHOOL Celebrated INTERNATIONAL TEDDY DAY  ON 9th September 2021 where they sang rhymes and performed activities like show and tell, teddy bear dance and teddy making..

It was indeed an exciting and fruitful day for the little angels of our school.



[Click Here](#)

Ganesh Chaturthi Celebration



[Click Here](#)

*Report on :- Ganesh Chaturthi
Celebration*

Class :- Nursery

Date :- 10/Sep /2021

*Ganesh Chaturthi is celebrated as
the birthday of Lord Ganesha, the
son of Lord Shiva and Parvati.*

*The festival is also known as
Vinayaka Chaturthi or
Ganeshotsav. The kids of Nursery
prepared Lord ganesha peepal
leaves and were very happy while
doing the activity.*

National Dance Day

Report on National Dance Day

Date: 18th September 2021

Class: Nursery

"Dance is an art form which helps in expressing the emotions of life and relaxes the mind, body and soul".

Kamal Model Sr Sec School, Nursery kids celebrated 'National Dance Day'. The students showcased different dance forms like Bhangra, Bihu, Lavani etc. The aim of the celebration was to inculcate interest and respect among the students for all dance forms, be it Classical or Western. And the kids participated with great zeal and enthusiasm.

[Click Here](#)



Big and Small Concept

Report:- Concept of BIG AND SMALL

DATE :- 12 . Aug. 21

CLASS:- NURSERY

The students of CLASS NURSERY had great fun while learning the concept of big and small objects. They practically compared and analysed the relative sizes of different objects.. Kids were encouraged to collect and show the concrete big and small household materials. The students actively participated and enjoyed this activity. This was a great learning experience for the little munchkins of KMS.

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SALUTE TO OUR FREEDOM FIGHTER



*Freedom in the mind,
faith in the words,
pride in our hearts
and memories in our souls
Let us salute our nation on
INDEPENDENCE DAY*

On this patriotic occasion, the students of Kindergarten presented slogans wherein they dressed up as great freedom fighters – Mahatma Gandhi, Bhagat Singh, Subhas Chandra Bose, etc. and recited their famous slogans spreading the message of peace, non violence and love for the nation. It was a great opportunity for the children to learn about the freedom fighters and their spirit to free the country from British rule.

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TABLE MANNERS ACTIVITY

Table Manners Activity

A Report

Class :- Nursery

Date :- 12 Aug 2021

Nursery kids of Kamal Model Senior Secondary School attended a virtual session on "Good Table Manners". Teacher demonstrated how to place cutlery on the table. The teacher also taught them the rules which are to be followed while having food like chew with mouth closed, wipe mouth etc. This fun-filled activity really helped the children to learn the basic etiquettes which they enjoyed whole heartedly.

Click Here



CIRCLE CONCEPT WITH CATERPILLAR

"A CIRCLE IS A REFLECTION
OF ETERNITY"

Circles are pretty easy for
preschoolers to identify- they do not
have to count any sides to know
which shape it is.

Little munchkins of Class Nursery
enjoyed the circle shape activity by
making a 🐛 caterpillar
With their tiny hands they pasted
the bangles together and made a
beautiful and colourful caterpillar.

🐛
Kids enjoyed this activity with lots
of excitement.

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ROBOT MAKING ACTIVITY



ROBOT MAKING ACTIVITY
A REPORT
DATE :- 7 Aug. 21
CLASS :- NURSERY



[Click Here](#)

The tiny toddlers of class nursery learnt the concept of rectangle shape through fun activity of cutting and pasting rectangular shapes and created a robot. Learning shapes not only helps children in identifying and organizing visual information but it also helps them learn skills in other curriculum areas including reading, mathematics. It was indeed a wonderful learning experience for students.

Black Colour Day

*Report on :- Black Colour Day
Celebration.*

Date :- 11 Sep 2021

Class :- Nursery



[Click Here](#)

With an objective to introduce colours and their identification Nursery section of Kamal Model Sr Sec School celebrated "BLACK COLOUR DAY" on 11th September. Children were introduced to the beauties of black colour through different black colour objects. Teachers and children were dressed in black colour attire. Children made the craft of "Bosco the Penguin" with their teacher

JANMASHTAMI CELEBRATION

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Janmashthami is the birthday of Lord Krishna which is celebrated with great enthusiasm all over the country. The birth of Lord Krishna depicts the significance of the hindu festival.. It was celebrated with great zeal and pomp in Kamal Model Sr Sec School by the students of Nursery kids.. Children enjoyed mukut making activity and also they celebrated the occasion by dancing on beautiful "Jo hai Albela" song with great joy and happiness.

HEXAGON SHAPE ACTIVITY

REPORT ON - HEXAGON SHAPE
CLASS : PREP
DATE : 25th July'21

Understanding shapes would enable students to be more tuned to the world around them and see the connections between objects, as well as appreciate artistic work. With this motto the little munchkins of class Prep of Kamal Model Sr. Sec. school explored the hexagon shape in their happiness session through different activities like making of honeycombs and tweety birds with cutouts of hexagon shape.

PREP

25th July 2021



Activity on hexagon shape



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FRIENDSHIP DAY ACTIVITY

A Report
Class: Prep
Date: 31st July'21



Friendship day was just an opportunity to let our friends know that we value their presence in our life. To mark this the day was celebrated on 31st July'21, Saturday at Kamal Model Sr. Sec. School. Students talked about importance of friends in life. They discussed the value of "Sharing is Caring". Little munchkins of class Prep made beautiful friendship bands, friendship tree, friendship day card, clay moulding craft during their online class. Some students shared different thoughts on friendship and enjoyed a lot.

PREP 31st July 2021



Activity on Friendship day



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FINE MOTOR SKILLS ACTIVITY

*REPORT ON- FINE MOTOR SKILLS
CLASS : PREP*

DATE: 7th August'21

Little hand need to develop dexterity and strength. We, as teachers or parents could help this process by encouraging children to play, explore and interact with a variety of items. The little munchkins of Class Prep of Kamal Model Senior Secondary School performed activities which were essential for the development of their fine motor skills with the assistance of teachers such as buttoning of shirt and tying the shoe laces. Tiny tots did these activities with keen interest and enthusiasm

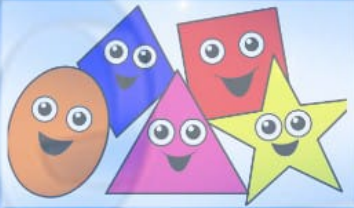
PREP 7th August 2021



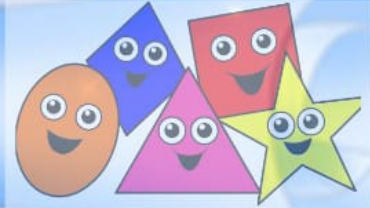
Fine motor Activities



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SHAPES



*A Report on SHAPES ACTIVITY
Class - PREP
Date : 9th August'21*

Children observe their surroundings very keenly and encounter different shapes every single day. So to encourage them to associate with shapes of different objects, tiny tots of Class Prep of Kamal Model Sr. Sec. School were told to carry out the activity of show and tell about different shaped objects like Circle, Rectangle, Pentagon, Hexagon, Diamond, Semicircle, Square and Triangle. Children performed this activity with keen interest.

PREP 9th August 2021



Activity on Shapes



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DO Akshar Ke Shabd Activity

Report on: Do Akshar Ke Shabd

Class: Prep

Date: 10th August'21

Do Akshar ke shabad activity was organised for prep students in Kamal Model Senior Secondary School. The activity aimed at learning and creativity skill of young modernities. Students learnt the concept very easily through play way method and participated with enthusiasm.

**CLICK
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PREP 10th August 2021



Activity on Do Akshar ke shabad



COMMUNITY HELPER'S

A Report on Community Helper's Activity

Date-12th August'21

Class-Prep

With an aim of stimulating the student's imagination and enhancing their social development skills, the students of Kamal Model Sr. Sec. School participated in "Community Helper's" activity with a great pomp and show. Some of the students were dressed as a doctor, policeman, teacher, sweeper etc. They acted as respective community helper's and displayed their contribution towards society.



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Activity:
"Community Helper"
Class: PREP

INDEPENDENCE DAY ACTIVITY

Class : Prep
Date : 14th August'21

A flag is the most important symbol of a country. The national flag of India is a symbol of honour, patriotism, and freedom for the country. To show respect and love for the country, tiny tots of class Prep of Kamal Model Sr. Sec. School performed activities like making of tricolour talking kites, badges and pasted tricolour pulses on map of India. These activities helped them to learn significance of each colour and Ashoka Chakra. They did these activities with keen interest and enthusiasm.



Activity : INDEPENDENCE DAY
Class : PREP

RAKSHABANDHAN CELEBRATION ACTIVITIES

A Report

Date: 21st August'21

Raksha Bandhan' is a special occasion to celebrate the virtuous bond of love between a brother and a sister which is one of the deepest and noblest of all human emotions.

To commemorate this festival, Rakhi Celebration Activities were organized for the Tiny Tots of Kamal Model Sr. Sec. School on 21st August'21. Students made beautiful Rakhi's using different articles like silken thread, ribbon, woollen thread, clay etc. They also decorated the 'Thali' using different decorative material like velvet paper, beads, flowers, laces etc. Their artisanship was quite fascinating and children thoroughly enjoyed this activity that tickled their creative side.



Class - Prep

Activity - Rakshabandhan celebration

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JANMASHTAMI CELEBRATION ACTIVITIES

28th August 2021



Class - Prep

Activity - Janamashtami Celebration

A Report Class : Prep

Janmashtami is celebrated as the birthday of Lord Krishna, one of the most powerful and famous reincarnations of Lord Vishnu.

To seek the blessings of Lord Krishna, Janmashtami was celebrated at Kamal Model Sr. Sec. School on 28th August, 2021 with mirth and joy. To celebrate the extraordinary bond between children and the Almighty, the students were dressed up as lord Krishna and Radha and did various art and craft activities like making of matki, bansuri, mukut. They also took the blessings of Lord Vishnu through virtual tour to Iscon Temple. Our little munchkins enjoyed the activities with great interest and enthusiasm.



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Teachers' Day Celebration



A Report
Class : Prep
Date: 4th September'21

We celebrate Teachers' day every year throughout the country on 5th September. This day is dedicated to Dr. Sarvepalli Radhakrishnan – second President of India. As a tribute to this great teacher, his birthday is observed as teachers' day. On this day, students express their gratitude and appreciation for their teachers.

So, the little munchkins of Class Prep expressed their devotion and love for their teachers by making beautiful cards, posters with messages and bouquets. They also expressed their words of love by sharing few lines and poems for their teachers.



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GANESH CHATURTHI ACTIVITIES

A Report

Class: Prep

Date: 10th September'21

The toddlers of Kamal Model Sr. Sec School celebrated Ganesh Chaturthi with great Pomp and gaiety. Ganesh Chaturthi is celebrated as the birthday of Lord Ganesha.

The day started with traditional Bhajans, Aartis and Lightings. The multi talented students of KMS made Ganpati idols with clay, pulses and with waste materials. The toddlers celebrated the festival with great joy and devotion.

10th September 2021



CLASS - PREP

ACTIVITY - GANESH CHATURTHI ACTIVITY

[Click Here](#)

PEDAGOGY ACTIVITIES

Class 1st

- 1) संज्ञा Activity
- 2) Hand Puppet Activity
- 3) Thank you giving Card
- 4) Friendship Day Celebration
- 5) Little Chef Contest
- 6) Making a Dream House
- 7) Virtual trip to Red Fort
- 8) Fancy Dress Competition - Theme- Applications
- 9) World Elephant Day Celebration
- 10) Shapes Activity
- 11) Singing Competition
- 12) Independence Day Celebration
- 13) Raksha Bandhan Celebration
- 14) Janmashtmi Celebration
- 15) Teacher's Day Celebration
- 16) Nutritional Week Celebration
- 17) Ganesh Chaturthi Celebration

Class 2nd

- 1) Ad Mad Show
- 2) Fitness First Activity
- 3) Friendship Day
- 4) Role Play on Patriotism
- 5) Rangoli Making Competition
- 6) Folk Dance Competition
- 7) Photography Competition
- 8) Rakhi Making
- 9) English- Has/Have activity
- 10) Hindi - Poem
- 11) Hindi- Role play
- 12) EVS- Animal Craft
- 13) Maths - Table of 6 & 7
- 14) Janmashtami Celebration
- 15) National Sports Day
- 16) Teacher's Day Craft
- 17) National Nutritional Week (1st - 7th September)
- 18) Ganesh Chaturthi

उपविषय - संज्ञा (गतिविधि)



[Click Here](#)

विषय - हिंदी

कक्षा - प्रथम

29/07/2021

उपविषय - संज्ञा (गतिविधि)

आज बच्चों को विभिन्न प्रकार के चित्र दिखाकर उनकी सहायता से संज्ञा को समझाने का प्रयास किया गया ।

जैसे - कुछ जानवरों , कुछ व्यक्तियों , कुछ वस्तुओं तथा कुछ प्रसिद्ध स्थानों के चित्रों की सहायता से संज्ञा की जानकारी दी । ततपश्चात बच्चों ने भी चार्ट पर सभी चित्र चिपकाए व संज्ञा समझाई ।

.....आज बच्चों ने दी गयी गतिविधि को अति उत्साह से पूरा किया ।

आज की इस गतिविधि के द्वारा बच्चों को संज्ञा को भली प्रकार सिखाने का प्रयास किया गया ।

आशा है कि ऐसी गतिविधियों के द्वारा बच्चे रुचिपूर्वक किसी भी विषय को सीख लेंगे

TOPIC - Hand Puppet activity

A REPORT

CLASS: 1st

DATE - 29th July'21

There is no doubt that education is the secret key of human success but craft is the best way to enhance the creative abilities of students required to generate and appreciate future learning experiences because art makes learning fun. In class I, craft is well integrated into the curriculum so as to develop our students' creativity and allow them to express their imagination freely. Keeping this in mind, a Puppet making activity was organized on 29th July 2021 in the virtual class for class I wherein the children participated whole-heartedly and enthusiastically. The activity was interrelated to the topic 'Living Beings' in EVS subject. There are a number of motor skills that children can improve by performing this activity. It also helped to improve the creativity. Overall, the activity proved to be highly motivating for the students.

For More



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Topic - THANKS GIVING

A Report
CLASS : 1st
Date - 30 July 2021

With the ongoing increase in the number of cases every day, the risk to the lives of Coronavirus helpers has also been increasing. Let's take a moment to say thank you.

Keeping this in mind, our tiny tots of Kamal Model Sr. Sec. School took an initiative to thank all the warriors who have an important role during this epidemic.

As thanking somebody is the biggest form of appreciation and motivation, Our little ones made thanks giving card to pay their heartfelt gratitude.

Thanksgiving is the greatest form of gratitude. We want to thank them today!

THANK YOU



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TOPIC - FRIENDSHIP BAND MAKING

A REPORT

CLASS: 1st

DATE - 31st july'21



Friendship is a relationship between two people who care about each other. A friend is the one who knows all about you. To celebrate the lovely bond of friendship, teachers of class 1 conducted a friendship band making activity on 31 July 2021. The aim of this activity was to built self-esteem and confidence, fine motor skills, perceptual skills, social skills and creativity in students. It also helped to reduce stress, anxiety, improve focus and concentration while making students more grounded and their friends happy. After making a friendship band, the students sent their pictures to their respective teachers.



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TOPIC - Little Chef Contest

A REPORT

CLASS: 1st

DATE - 31st July'21

Little Chef Contest was held in class 1 on 31st July 2021. The objective behind the competition was to inculcate healthy food habits and also create awareness regarding the choice of food among the kids. The student's creativity was revealed through the beautiful designs and patterns formed with different mouthwatering salad. The students displayed copious types of both vegetable and fruit salads using commonly available ingredients. They also explained the specialty of their salad and also the importance of including salad in our regular diet for maintaining good health and keeping diseases at bay.



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TOPIC - MAKING A DREAM HOUSE ACTIVITY

A REPORT

CLASS: 1st

DATE - 4th August'21

Experiential learning is the process of learning by doing. By engaging students in hands-on experiences they are able to connect knowledge learnt in the classroom to real world situations. Students of class 1 performed an activity of making their dream house by their own imagination. It was an experiential learning for all the students in which they showcased their creativity. Students participated in this activity with full zest and zeal.



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TOPIC - VIRTUAL TOUR TO RED FORT

**A REPORT
CLASS: 1st**

DATE - 6th August' 21

A virtual excursion to Red Fort was organised on August 6, 2021 for class 1. The excursion was conducted with the aim of giving students an opportunity to learn by experience.

The students were apprised about the relevance of the historical monuments in today's time and the significance of the same in the past history. They explored the historical monument virtually through a presentation and a video. The teachers highlighted the different shades of history based on Red Fort. The students also participated in a pop up quiz on Red fort-virtual tour. It was an enriching experience for one and all.



***CLICK
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TOPIC - FANCY DRESS COMPETITION

A REPORT

CLASS: 1st

DATE - 7th August'21

Kamal Model Sr. Sec. School conducted virtual fancy dress competition based on different apps for students of class 1. Participating in fancy dress competitions helped children to develop confidence as they must come forward and face the audience. The purpose of conducting the competition was not only to blend learning with fun but also to develop confidence in the little ones by giving them an opportunity to perform in front of others. The students got an opportunity to exhibit their talent in delivering the lines based on the app. They enacted different app and were dressed as snapchat, zoom, YouTube. The props were used confidently by them and this made the understanding more interesting and interactive. The aim of the event was to make children confident and expressive.



TOPIC : ELEPHANT DAY CELEBRATION

A REPORT

CLASS: 1st

DATE : 11th August'21

World Elephant Day was celebrated on 11th August 2021 in class 1 with great zeal and enthusiasm to honour this iconic animal, to spread awareness about the critical threats that elephants are facing, and to support solutions that will help ensure their survival. They performed an activity of elephant mask making. This helped to use their imagination to create artwork, to demonstrate motor skills by coloring, cutting, and assembling an elephant mask. They also spoke few lines and poems on elephant by wearing the mask in the virtual class. The objective behind this was to help children develop literacy skills, memorization skills, self expression and phonic awareness and confidence in public speaking. It was an overall learning experience for all the students.

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Shapes Activity

REPORT OF CLASS 1
TOPIC - SHAPES ACTIVITY
DATE - 13th August, 2021

It was a day of fun with shapes on 13th August 2021 in class 1 at Kamal Model Sr. Sec. School. An activity of shapes was organized to encourage participation and to promote creative and aesthetic skills. A fun filled and joyful activity provided our little ones a platform to develop and showcase their latent talents. Circles, squares, rectangles, semi circles and triangles were used by the students. While doing the activity. Children were engrossed in creating beautiful things with different shapes which was really worth seeing. This educational activity aimed at helping our children to learn basic properties of simple and geometrical figures.

[Click Here](#)



Singing Competition

REPORT OF CLASS 1
TOPIC - SINGING
COMPETITION
DATE - 13.08.2021



[Click Here](#)

Music binds our soul, hearts and emotions. It cheers the spirit and lightens the heart. To bring out the singing talents of students, an inter-class solo song singing competition was organized virtually by Kamal Model Sr. Sec. School for the students of class 1 on 13th of August 2021. The theme for the competition was patriotic songs. All the students put forth their enthralling performance in the virtual class. The children sang the songs with confidence and passion. The children sang the songs with lot of passion, confidence and patriotic feeling. Each student showed his mastery over voice modulation, pitch, rhythm and tone. The children showcased a sense of pride, self-esteem and self-confidence as a result of the competition.

INDEPENDENCE DAY CELEBRATION

REPORT OF CLASS 1
TOPIC - INDEPENDENCE DAY
CELEBRATION
DATE - 14 Aug 2021

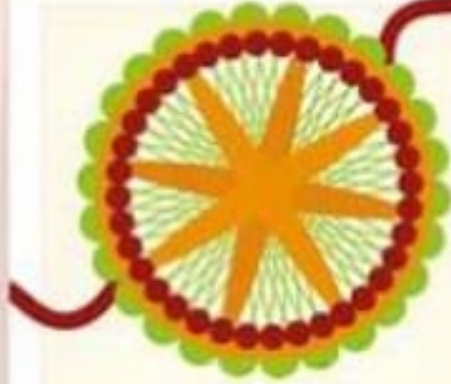
Independence Day is adulated each year on the 15th of August in India to celebrate the country's freedom from the British domain on the same day in August 1947. Kamal Model Sr. Sec School organized a virtual Independence Day Celebration on 14th August 2021 for class 1. The teachers showed the virtual movie of Bhagat Singh to all the students.

It urged the children of today, to value the freedom we have got after the sacrifices of many Indians. On this great occasion, children also came up with a lot of interesting independence day activities which helped them to learn more about the significance of the day.

[Click Here](#)



Rakhi Celebration



REPORT OF CLASS 1
TOPIC - RAKHI CELEBRATION
DATE - 21.Aug.2021

On the auspicious occasion of Raksha Bandhan, Kamal Model Sr. Sec. School organized several activities on 21st August 2021 through virtual platform to make students of class 1 understand the true essence of this festival and the sacred relation of a brother and a sister. Few students recited the poems in the virtual classroom in which they highlighted the significance of this festival. Teachers also showed a video to make them aware about the story behind celebrating this auspicious occasion. Rakhi making activities were also organized for the students. Students made beautiful rakhis using different articles like silken thread, ribbon, coloured sheets, stones, etc. Their artisanship was quite fascinating and children thoroughly enjoyed the activities that tickled their creative side. They celebrated this festival with great zeal and on this day brother and sister reaffirm their pious bond of affection. It conveyed the message of purity, unmatched bond of love, care and respect between siblings.

[Click Here](#)

JANAMASHAMI CELEBRATION

REPORT OF CLASS 1 & 2

TOPIC: JANAMASHAMI CELEBRATION

DATE: 27.08.2021

On 27th August 2021, Kamal Model Sr. Sec. School, organised a virtual celebration of Janmashtami for class 1, which flowered into a grand success, owing to the absolutely zealous participation of all the students. The teachers highlighted the significance of this blissful occasion, stressing on the relevance of Lord Krishna's teaching. The happy and excited students enthusiastically participated in various craft work and made flutes, matkis, mor pankhi and foot impressions of lord Krishna. They were all ready with material and completed in classes itself. These activities helped in the enhancement of their fine motor skills, manual dexterity, artistic skills and creativity. The virtual celebration was indeed truly informative, enlightening and entertaining for all the students.



[Click Here](#)



Teacher's Day Celebration

A Report

Class :1st

Date: 4th September'21

Celebrating one particular day for some special people doesn't mean that they are respected or remembered only for a day but they remain in our heart through out our life. TEACHERS are one of them. Every student just dreams to celebrate Teacher's Day.They find out numerous ways to wish their favourite teacher. But due to this pandemic children were restricted. Following all the guidelines of the situation, children still were very enthusiastic to celebrate this day. Little Ones made beautiful Cards for their teacher and also enjoyed making lovely Happy Teacher's Day drawing for their teacher in the online class. Some of the children showcased themselves as a teacher and had great fun in the online class. They also spoke few lines on Teacher's day, sang rhymes and songs to express their love and respect for their loving teacher. And without wasting any minute they captured the moments, for them to remember always. A happy, hearty and enjoyable activity for all of us.....



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TOPIC - NUTRITION WEEK CELEBRATION

A REPORT
CLASS : 1st

DATE: 1st September to 7th September

With the motive to intensify awareness on the importance of nutrition for health, "Nutrition Week" was celebrated in Kamal Model Sr. Sec. School for class 1. It was done to educate and aware the students about the importance of healthy food which is vital for our bodies to be salubrious. The teachers organized a food sorting activity for the students. The teachers sensitised students about the good nutrition benefits, ideal proper diet, eating healthy food and the need for proper nutrition. With the help of food sorting activity, the students got the knowledge of how to make healthy choices and to sort food into healthy and unhealthy categories. It was indeed a knowledgeable day for all the students.



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GANESH CHATURTHI CELEBRATION

A Report

Class: 1st

Date: 10th September'21

GANAPATI BAPA MORYA!! 🙌

Ganesh chaturthi is also known as 'Vinayaka chaturthi' or Ganeshotsav. This is the time to welcome the most beloved god with a lot of zeal and fervour. People believe that lord Ganesha ,the symbol of wisdom bestows his presence on earth during this festival and removes their obstacles . With such belief ,our teachers organised a special ganesh vandana in which class 1 students participated virtually from their home and they also prepared craft of ganesha in their online class .

The sole purpose of this celebration was to let the students stay rooted with indian culture and enable them to understand the significance of this festival .

The celebration began with ganesha prayer and continued with craft making activity .There was devotion , creativity and fun altogether.

Every year Ganesha comes and gives us the message that "Everything that has a beginning also has an ending. Make your peace with that and all will be well" .



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Ad Mad Show



*Report - Ad Mad Show
(Where creativity meets madness)*

Class - 2

Date - 30/Aug/2021

The students created their innovative advertisements and showcased their talents. It was a perfect blend of creativity, laughter and precision when the super talented and ingenious students promoted their favourite brands and products. The expressions and dialogue delivery of the students were exceptionally praiseworthy which helped them raise their confidence to a greater extent, providing a platform to the young learners to explore their linguistic and oratory skills.

[Click Here](#)

Fitness First Class - Second



[Click Here](#)

*Report - Fitness First
Class - 2nd
Date - 2/Aug/2021*

*Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.**

The students did flexibility activities like Yoga, skipping, stretching routines. These activities build strength, promote strong bones, muscles and good posture, improve the ability to lift and manoeuvre objects and obstacles and enhance healthy growth and development. Students were taught that when you exercise your brain releases chemicals that make you feel happier. It's just another reason why exercise is a good idea! This promoted a platform to students and made them understand that being fit is a part of our life.





Friendship Day celebration



REPORT – FRIENDSHIP DAY CELEBRATION

"A FRIEND IN NEED IS A FRIEND INDEED"

CLASS - 2nd

DATE- 31/Aug/2021

Friendship is beautiful relationship between the people who care about each other. To promote the value of peaceful friendships, which ultimately help in developing love and harmony amongst human beings students celebrated Friendship Day. The students used colourful papers and beads to make friendship band, under the guidance of their teachers. They were full of zeal, excitement and dedicated special messages to their friends during the online class. The motive behind celebrating friendship day was to emphasis the significance and real meaning of friends, which is to help others and share the difficulties and joys.



[Click Here](#)



Role play on patriotism



*Report - Role play on Patriotism
Class - 2nd
Date - 6/8/2021*

An activity on Great Indian Freedom Fighters was conducted through Role Play. Students were supposed to research about the life of one of our freedom fighters, dress up like them and prepare a speech. This provided an opportunity to all the students to showcase their talents of acting as well as public speaking. It was a great way for children to remember their country's freedom fighters, respect and salute them for their unmatched sacrifices and it definitely helped them to grow into better human beings.

[Click Here](#)

Topic - 'AAZADI KE RANG' RANGOLI MAKING COMPETITION A REPORT

CLASS -2nd Date-13th Aug'21

“Imagination is the spark that ignites the fire of creativity”

Rangoli is fabulous hand drawing art, in which patterns are created on the floor using materials such as colours, diyas, flower petals, glitters etc.

To aim at honing aesthetic skills, creativity, innovation of the young modernities and a way to express imagination, students had 'Rangoli Making Competition on the theme - Independence Day.

The students were asked to create rangoli on the spot, correlating the theme. They put in lot of efforts and came up with amazing ideas. They used waste material, grains, bamboos, flowers and sawdust apart from rangoli colours. This allowed the students to express their patriotic ideals and brighten up the spirit of pride and patriotism in them.

[click here](#)



Topic - Folk dance Competition

A Report

Class - 2nd

Date - 14th August 2021

Dance is the conversation of the body with the soul. As an art form, it has been an integral part of Indian culture and heritage since ancient times. The diverse culture of India exquisitely treasures a wide variety of folk and tribal dance forms that vary in style of different regions across the country. Therefore, on Independence Day, when the Class 2 organized Folk Dance Competition, students did not let the opportunity flyby & displayed their brilliant dancing skills. Little toddlers dressed in enticing traditional folk attires and gave remarkable performances. It was a joy watching the children explore the rich cultural heritage of folk dances of India. This activity was not only a good form of exercise but also boost creativity, imagination, confidence and focus of young hearts.

[CLICK HERE](#)



Nature Photography Day A Report

Class – 2nd

Date – 18th August 2021

World Photography Day coordination is a day to celebrate the magic of cameras and photography. It also raises awareness about this art form around the world. A coordination photograph captures feelings, ideas, experiences, moments in time, and immortalize them forever.

To inculcate this art among our tiny tots, students had “ Nature Photography Competition” . They shared their beautiful self clicked pictures and explored their hidden talent. This visual art activity encouraged their creative thinking, observation skills and self-expression. It also helped them to improve their fine motor skills and eye-hand coordination.



[Click here](#)

Topic– Raksha Bandhan Activity

[CLICK HERE](#)

A Report

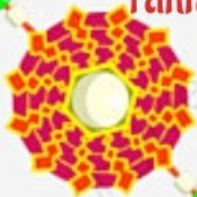
Class – 2nd

Date – 21st August 2021



Rakhi is also called as Raksha Bandhan which symbolises the true love and bond between brothers and sisters. This year COVID- 19 changed the celebration pattern. However the teachers of class 2 co-ordinated with students through online mode and inspired them to participate in virtual Rakhi Making activity .Students showcased their talent by sending the virtual pictures of their beautiful and creative hand-made Rakhis using craft material and waste material. They tied a rakhi and danced on this occasion thus they enjoyed a lot.

Raksha Bandhan



Report - ELGA activity (Use of has / have)

Class-2

Date - 9/8/2021

Experiential learning is an engaged learning process whereby students “learn by doing” and by reflecting on the experience.

An experiential learning activity conducted by the mother teachers of class-2nd by making of an aquarium on helping verbs also students explained the use of helping verbs with correct nouns and pronouns.



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(पाठ से संबंधित पात्रों की भूमिका निभाना) गतिविधि



[Click Here](#)

विषय: हिंदी

उपविषय: (पाठ से संबंधित पात्रों की भूमिका
निभाना) गतिविधि

कक्षा : दूसरी

दिनांक- 07.08.2021

विषय प्रस्तुति :

7 अगस्त, 2021 को कक्षा दूसरी के छात्रों द्वारा हिंदी गतिविधि में भाग लिया गया। छात्रों ने "घमंडी बंटी" पाठ में आए पात्रों की भूमिका निभाई।

विभिन्न प्रकार के जानवरों के मुखौटे पहनकर आपस में बातचीत की। प्रतियोगिता के माध्यम से छात्रों को यह ज्ञान हुआ कि किस प्रकार शब्दों का प्रयोग किया जाता है। इस गतिविधि के द्वारा बच्चों ने कला एकीकरण (art integration) में बढ़चढ़ कर हिस्सा लिया। पाठ से संबंधित खेल खिलाने से बच्चों में सहयोग भावना का विकास हुआ है। इस प्रतियोगिता के द्वारा बच्चों में उच्चारण कौशल का भी विकास हुआ।

निष्कर्ष: सभी छात्रों ने इस गतिविधि में बढ़चढ़ कर भाग लिया और रूचि प्रकट की।



Report- EVS activity (Animal Groups)

Class-2

Date- 7th August 2021

An experiential learning activity was conducted by the mother teachers of class 2nd on the theme of different animal groups. Four groups of animals were taken in the activity i.e, land ,tree,water and land and water animals . Students did the activity with the help of painting colours , leaves, origami sheets. Along with the activity, the teacher explained the importance of each group of animals. Students shared their work and happily performed the task.



[click here](#)




Topic - Maths Activity (Tables of 6 & 7)

A Report

Class-2

Date - 10th August 2021

Tables is an important tool to use in multiplication. Memorising tables makes it far quicker and easier for children to work out maths problems in their mind. Moving beyond using their fingers to work out answers, they will gradually be able to use their knowledge to quickly solve any multiplication questions. By memorising their tables, children will also become more accustomed to using their mind to visualise answers. Students used cut outs of circle  and pasted on a scrap book and wrote tables around it so that they can memorise it. All the students enjoyed and showed their complete presence in the activity.



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Report – Special Assembly on Humanitarian Day

Class – I &2

Date- 19th August 2021

Every year World Humanitarian Day is observed on August 19 across the globe to promote human welfare. The day is dedicated to the people who have sacrificed their lives for the welfare of others. Our school students presented virtual assembly on 19 August 2021 to mark this day.

Theme of World Humanitarian Day 2021 "Shaping the New Future". Students presented this theme enthusiastically. Students were able to honor all aid and health workers who continue, despite the odds, to provide life saving support and protection to people most in need. Even the United Nations uplifted global citizens to be grateful for the aid workers who provided service to mankind.



[CLICK HERE](#)

Topic- Janmashtami celebration

Class - 1 & 2

Date - 28th August 2021



Krishna Janmashtami was celebrated with full fervor by the teachers and students of class 1 and 2. The day started with the virtual Krishna Aarti .Children decorated with aarti thali, bhajans were recited and songs related to Janmashtami were played. A puja was also performed by the staff and children of the school. Then, krishna janam movie was shown to the kids .Some teachers dressed up like Radha and Krishna and showed their dance performance to students. Students made flute and mukut in janmashtami craft work followed by chanting , dancing on the songs and bhajans of Radha Krishna. All the students participated and experienced the bliss of the day.

[click here](#)





REPORT - NATIONAL SPORTS DAY

Class-1 and 2

Date - 29 th August 2021

Sports day is an important event as it encourages the significance of physical exercise for the student. During the COVID-19 pandemic, where most of us were reluctant to walk out of our house, we realized the necessity of having Sports Day more than ever. Keeping this in mind students of class 1 and 2 celebrated sports day with great zest. It was announced much in advance for students to have ample time to prepare themselves physically and mentally. Various innovative games and exercises were planned to focus on the development of the gross motor skills and the mental agility of children. Students were geared up with the sports track pants, T-shirt and cap to perform the activities. The main objective of this Annual Sports Day was to bring out the sportsman spirit in all the students and that was well accomplished. It was an immense pleasure to see the little champs perform the activities with great energy and enthusiasm.

[CLICK HERE](#)

Report- Teacher's Day craft activity

Class - 2nd

Date - 3rd Sep2021

Teacher's Day is celebrated on 5th September every year for showing due respect to all the teachers. This marks the birth anniversary of our second President of India, Dr. Sarvepalli Radhakrishnan.

To honour the teachers for their priceless job, our tiny tots made beautiful greeting cards with lovely messages mentioning the hard work of their favourite teachers.

The children also showed gratitude to the teachers, with some noteworthy performances in the form of dance, poetry and songs.

Students credited and acknowledged the teachers for their valuable contributions to the development of society.

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Report : National Nutrition Week

Class : 2nd

Date: 1st to 7th September

National Nutrition Week is celebrated each year in the month of September to aware the children about important tips of their health and well-being. We have celebrated our National Nutrition Week with the theme. "Eat healthy , live healthy." It focused on choosing the main source of nutrition and required to explore with the nutritious food option provide by our mother nature. On this occasion students were engaged with different activities like Creative Salad making, Show and Tell on the topic importance and benefits of nutritious food.

The purpose behind celebrating is to spread awareness about good nutrition, and health.



[CLICK HERE](#)





Report- Ganesh Chaturthi Special

Class- 2nd

Date - 10th Sep 2021

People believe that Lord Ganesha, the symbol of wisdom bestows his presence on Earth during this festival and remove their obstacles. With such belief class 2 had various activities on this auspicious occasion through virtual mode like virtual Aarti, making of modak, decorated mask, eco friendly Ganesha and making of singhasan. Video was shown to let the students stay rooted with Indian culture and to enable them to understand the significance of this festival.



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ACHIEVERS

RISING STARS OF KMS

KAMAL MODEL SR. SEC. SCHOOL
MOHAN GARDEN, NEW DELHI-59

Congratulations to the Little Champions of the School

Aahvi Singh
2nd Rose

Priyansh Rawat
2nd Lily

Received Consolation Prize
in Event: Be a Story Teller
of SYNERGIA

Organized By- Vandana International School, Dwarka

Aahvi
2nd Rose

Priyansh Rawat
2nd Lily

Kamal Model Sr. Sec. School
Mohan Garden, New Delhi-59

SCORED
1st
Position

Event-
Let the Music
Speak, Sing a
Song of Glory

Organized by
Kulachi Haryana
Scho-

PARI DEVNATH
CLASS 2A

Pari Devnath
Class- 2A

KAMAL MODEL SR. SEC. SCHOOL
MOHAN GARDEN, NEW DELHI-59

SECURED
2ND
POSITION

Tavisha
Class Nursery

Event- Cadence
Organized By:
Mount Columbus School, Dakshinpuri

Kamal Model Sr. Sec. School
Mohan Garden, New Delhi-59

Congratulations

Utharsh
Nursery A

Received
Encouragement Award
for his performance in the
Whacky Snacky

Organised By
Cambridge Foundation School

The edudextrous The Content Creator and Compiler



Ms. Rajbir kaur



Ms. Bharti



Ms. Geetanjali

Content Provider



Ms. Jasmine



Ms. Bhawna

From the Teacher's Pen

Objectives of Festivals in Children's Life-



Shweta Kothari

Festivals are a very good opportunity to spend some quality time with the kids. And celebrating festivals together strengthens the bond between parents and children. The advantage of celebrating festivals with kids is that it allows us to let kids know about the importance of team work which is very significant for any successful end result, such as organizing a festival together. By celebrating festivals together you can instill the right values in the kids. Festivals are the result of our mythological and traditional beliefs and this will help the kids to learn about their ancestor's culture, values and tradition. In this way they will also feel connected to their roots.

Importance of Colour during Early Childhood



Ananya Sharma

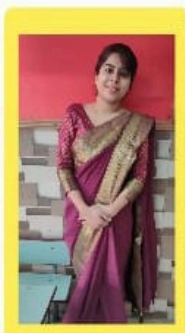
Children usually learn about color during their preschool years. The ability to identify colors is considered a marker and milestone in a child's cognitive process and is often part of early screening for development and educational admittance. Recognizing the colors and identifying the color names is an important part of a child's development. Early identification of colors helps to create the cognitive link between visual clues and words.

Methods of Teaching Colours:

- Toddlers and Preschoolers colouring activities encourages colour awareness.
- Flash cards colour matching is also a very good way.
- You can start teaching colour right from the platter of food.

The Colour Day Celebration is also a nice way to introduce colours in a child's life.

Importance of Festivals in Schools



Nikita Madaan

India is a diverse country in the universe. India is more famous for festivals and traditions which we all follow. Festivals are a season wherein not only parents, grandparents, but also children love celebrating them with enthusiasm. Children will remember an important day only if they are told what the occasion signifies. So, a celebration makes them aware of the world in a more fun way. Celebrating events and festivals in our school has become an integral part of learning and building a strong cultural belief. These celebrations bring the students closer to each other's traditions and cultural beliefs and develop respect and understanding for each other's customs and traditions. Some of the days celebrated in most of the schools are Independence Day, Republic Day, Teacher's Day, Parent's Day, etc. Apart from building relationships and friendships, such celebrations will bring happiness and love amongst the students.

For students, it is a great way to understand the rich heritage of India and learn about the importance of various festivals. Along with enthusiasm and fun for the activities, qualities like creativity and togetherness are also inculcated in the students. Apart from building relationships and friendships, such celebrations will bring happiness and love among children, friends, and family. Many schools organize cultural exchange for students that foster inter-cultural learning experiences.

From the Teacher's Pen

Importance of the Role of Parents in Child Development/Behaviour



Preeti Sharma

Parenting and child development go hand in hand. The proverbs that the apple does not fall far from the tree and that the branch grows as the twig grows can well-describe the effects of parenting styles on child growth and development.

*Cognitive Development - When children are growing up, positive parenting improves their cognitive, social and problem-solving skills.

Social -Cultural Development - Children observe spousal interaction and how arguments are settled in the family. It teaches them a variety of good values that are imbibed and crucial to growing up. The child learns how to behave with others, playing to a common goal, team spirit, picking the right friends and a lot more.

*Physical Development - Reaching age-related milestones is not the only goal. Children learn about being healthy, exercising regularly, being a team player, having the right diet and growing in a conducive environment through play-and-learn.

*Mental development - Parenting styles help the child learn innovatively, accepting failures and overcoming them, understanding discipline, accepting feedback and the award-and-punishment concept. It governs their response to stimuli, thus moulding their minds.

*Spiritual development - Understanding religion, prayer, knowing right from wrong, being empathetic, having the right ethical values, valuing your parents and strengthening goal-setting Liberates the free spirit in children.

Importance of Play in Child's Development



Ekta Vats

Play is key to the way children learn. Play has educational, social and therapeutic benefits for the development of child. By using play as a medium of learning, teachers can help children to build foundational skills in writing, reading and math. This freedom allows for imitation and exploration of stress, trauma and family conflict that may be impacting the child. Play help children to think creatively. They learn all kind of different problem solving strategies. During play children can use the skills they have already mastered to extend their knowledge and understanding of the world. Children can also gain a sense of achievement, thereby developing self esteem. School children enjoy competitive sports games and they develop hobbies for recreation and diversion. School age children imitate and dramatize more complex activities even acting out stories in books. Therefore play is a wonderful tool for parents and teachers to use, a wonderful vehicle for promoting larger areas of development in children.

Role of Teacher in Child's Life



Parul

Teachers play a very important role in a student's life. As a teacher, one must bring out the best in students and inspire them to strive for greatness. Students are considered as the future of the nation and humankind, and a teacher is believed to be a credible guide for their advancement. Not only do they guide students in academics or extracurricular activities, but teachers are also responsible for shaping a child's future, making him/her a better human being. A teacher imparts knowledge, good values, tradition and ways to resolve modern day challenges. A good teacher is an asset to the students.

A teacher's presence in a student's life can boost their morale and guide them to be more valuable in life. Now to perform this task perfectly, a teacher must possess certain qualities - should be impartial, he/she must treat all the students equally. Since the pace and speed of learning are different from one student to other, it is very important to understand students, their skills, talent, memory and treat them individually to guide them towards the best.

A teacher must have problem-solving skills to help students overcome their challenges.

Parental Tip's

Course of Actions to build strong foundation in your kids

Separation Problems

WHAT ARE SEPARATION PROBLEMS?

When being left with caregivers, some children cling, cry and protest when their parents try to leave. They may appear terrified at the thought of their parents leaving, Preschoolers may also burst into tears when their parents return.

WHY DO CHILDREN HAVE PROBLEMS SEPARATING FROM THEIR PARENTS?

Preschoolers may have fears about letting their parents out of their sight. These fears are common at times of family stress. Problems can occur when parents feel guilty or worried about leaving their child with other caregivers. It is not helpful to give in and never go out alone because of children's reactions to being left with others. Clinging behavior is likely to continue if children have few opportunities to learn how to separate from their parents.

HOW TO HELP

Prepare your child ahead of time. Talk to your child. Explain what will happen. Say goodbye and leave, ignore protests and do not go back. Greet your child when you return.

Create Morning Moments

☑ For happier mornings, develop a special "getting-ready" routine and stick with it. When children can predict what's coming next, they feel competent and are much more likely to cooperate. For younger children, a relaxing routine might start off with some snuggle time and independent play, followed by a nutritious breakfast. For older children, it might include time to collect homework and plan for afternoon activities. School is a big step towards independence. With your reassurance and patience, your children's transition to school can be rewarding for everyone involved.

